

Personalised Learning Checklist

Subject: BTEC Sport Level 3 Diploma

Year group: New Y12



Dear Student,

During the academy closure you have been set a number of tasks. The list below is the learning you should have completed. Your teacher will use the list to check your progress during this time. It may be used for short quizzes, mini assessments or homework. Where there are gaps your lessons will focus on improving your knowledge and understanding.

Unit 23 Objective	My personal RAG rating (Red- do not understand, Amber- some understanding, Green- I am confident)			Teacher RAG rating
Task 1: Producing Skilled Performance Portfolio	RED	AMBER	GREEN	
The key differences with learning and performance	RED	AMBER	GREEN	
Learning plateaus	RED	AMBER	GREEN	
Task 2: Qualities of a Skilled Performance	RED	AMBER	GREEN	
Skilled performance scenarios (2 sports)	RED	AMBER	GREEN	
Task 3: Characteristics of Skills and Abilities	RED	AMBER	GREEN	
Skill Classifications	RED	AMBER	GREEN	
Difference between skills and abilities	RED	AMBER	GREEN	
Types of abilities	RED	AMBER	GREEN	
How Ability Contributes to the Performance of Skills	RED	AMBER	GREEN	
Task 4: Information Processing	RED	AMBER	GREEN	
Applying Information Processing to Sport Specific Examples	RED	AMBER	GREEN	
Perception	RED	AMBER	GREEN	
Evaluating information processing models	RED	AMBER	GREEN	
	RED	AMBER	GREEN	
Task 5: Decision Making	RED	AMBER	GREEN	
Decision Making and reaction time	RED	AMBER	GREEN	
Feedback	RED	AMBER	GREEN	
Bibliography	RED	AMBER	GREEN	