To develop the understanding and application of technical and tactical demands of sport. This involves analysing, observing and reviewing sports performance.

SMSC and British Values

Resilience, group discussions, respect for others opinions, independent learning, peer and self reflection and analysis

Work Related Learning:

Gaining knowledge to assist in a sports coaching/ teaching, sports science career.

Numeracy links:

- Percentages- success rates
- Heart rate and performance indicator
- Distances
- Angles in relation to specific technique
- · Counting and Addition.

Unit 26- Technical and Tactical Demands of Sport

Pass	Merit	Distinction	
Learning aim A: Examine the technical skills and tactical components of sport that contribute to effective performance.			5
A.P1 Explain the technical skills required for successful sport performance in contrasting sports. A.P2 Explain the tactical components required for successful sport performance in contrasting sports.	A.M1 Analyse the technical and tactical components of contrasting sports and how they combine to affect performance.	A.D1	Evaluate technical and tactical components and the importance of their combination in different situations of different sports.
Learning aim B: Investigate methods to measure technical and tactical performance in sport			
B.P3 Explain methods of measuring technical and tactical performance. B.P4 Explain ideal models and benchmarks for performance in a selected sport. B.P5 Produce a measurement tool and protocol to gather observational data on technical and tactical performance for both elite and non-elite developing athletes.	B.M3 Analyse methods of measuring technical and tactical performance, comparing against produced measurement tools and protocols. B.M4 Analyse ideal models and benchmarks, comparing against produced measurement tools and protocols.	B.D2	Evaluate methods of measuring technical and tactical performance, ideal models and benchmarks, justifying against selection of produced measurement tools and protocols.
Learning aim C: Explore the performance at different sta- continuum			
C.P6 Collect observational data through assessment of a performance of an elite and a non-elite developing athlete, using own produced measurement tools and protocols. C.P7 Explain the collated observational data of an elite and non-elite developing athlete.	C.M5 Analyse the collected observational data of an elite and non-elite developing athlete, making recommendations for development of each athlete.	C.D3	Evaluate the collected observational data, justifying the recommendations made for the development of each athlete.

Command Words:

Define, explain, justify, compare and contracts, evaluate





Key Vocabulary

- Skills
- Tactics
- Strategies
- Game plans
- Skill Classification
- Fundamental motor skills
- Ability
- Continuums
- Transferable skills
- · Attacking and defensive
- Video analysis
- Observational check lists
- Tally charts
- Notational analysis
- · Rating charts
- Benchmarks
- Ideal model
- SMARTER targets

Wider experiences and opportunities:

- All students will be encouraged to view elite footage and analysis looking scenarios which demonstrate tactical and technical excellence.
- Opportunities to have access to outside speakers and businesses which look at performance analysis.

Skill classification Open skills Closed skills Skills selected dependent Skills selected in isolation upon uncontrollable with no external variables environment factors such as opponents or the Fine skills Gross skills Skills that recruit major Skills that involve small muscle groups and are movements of specific parts of the body usually repetitive Self-paced skills Externally paced skills Skills where the Skills that need to be performer controls the executed in a given time Individual Skills Co-active Skills Interactive Skills Skills performed by Skills performed at Skills executed with one person alone. the same time as the influence of not influenced by others but without others, such as others e.g. a any confrontation passing in basketball gymnast on floor such as 100m sprint

Unit 26- Subject specific knowledge

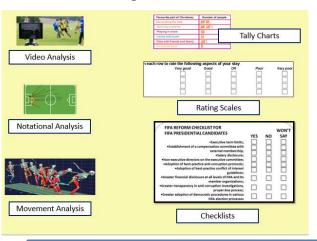
Learning Aim A

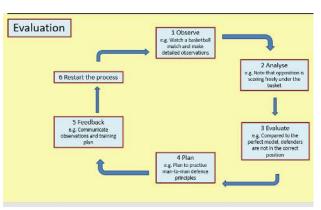
A: Examine the technical skills and tactical components of sport that contribute to effective performance

A1 technical skills in sport
A2 Tactical components in sport
A3 Application and importance of
technical and tactical skills in effective
performance

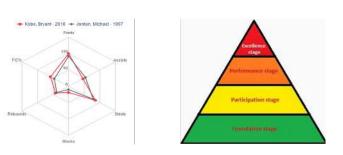


Learning Aim B





Learning Aim C



- ${\it B: Investigate \ methods \ t \ measure \ technical \ and \ tactical \ performance \ in \ sport}$
- B1 Measring technical and tactical performance
- B2 technical and tactical ideal models and benchmarks
- B3 Producing measurement tools and protocols

C: Explore the technical and tactical performance at different stages of the performance continuum

C1 Assessing and develooping

C2 Assessing and development of non-elite sports performace