



CURIOSITY

COMPASSION

COURAGE



## Academic Outline 2022-23

|                                     | Physical Education                                                                                                                                                                                                 |                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                       |
|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                     | Term 1 Aug-Oct                                                                                                                                                                                                     | Term 2 Nov-Dec                                                                                                                                                                                        | Term 3 Jan-Feb                                                                                                                                                                                                                                                                                            | Term 4 Mar-Apr                                                                                                                                                                                                                                                                                              | Term 5 Apr-May                                                                                                                                                                                                                                                                                                | Term 6 Jun-Jul                                                                                                                                                                                        |
| Year 12:<br>Extended<br>Certificate | Unit 1 – Anatomy and Physiology<br><a href="#">Skeletal system</a><br><a href="#">Muscular system</a><br><a href="#">Respiratory system</a>                                                                        | Unit 1 – Anatomy and Physiology<br><a href="#">Cardiovascular System</a><br><a href="#">Energy System</a><br><a href="#">Self-assessment</a>                                                          | Unit 3 – Professional Development in the Industry<br><a href="#">Job Vacancy site 1</a><br><a href="#">Job Vacancy site 2</a><br><a href="#">Job Vacancy site 3</a>                                                                                                                                       | Unit 3 – Professional Development in the Industry<br><a href="#">CV Workshop</a><br><a href="#">Careers in Sport</a>                                                                                                                                                                                        | Unit 3 – Professional Development in the Industry<br><a href="#">Job Vacancy site 1</a><br><a href="#">CV Workshop</a><br><a href="#">Careers in Sport</a>                                                                                                                                                    | Unit 7 – Practical Sports Performance<br><a href="#">Badminton Rules and Regulations</a><br><a href="#">Rounders Rules and Regulations</a>                                                            |
| Year 12:<br>Diploma                 | Unit 23 – Skill Acquisition<br><a href="#">Learning Curves</a><br><a href="#">Ability v Skill</a><br><a href="#">Information Processing</a>                                                                        | Unit 23 – Skill Acquisition<br><a href="#">Cognitive Theories</a><br><a href="#">Behaviourist Theories</a>                                                                                            | Unit 23 – Skill Acquisition<br><a href="#">Types of Guidance</a><br><br>Unit 22 – Investigating Business in the SAL<br><a href="#">7 P's of Business</a><br><a href="#">Business Size</a><br><a href="#">Business Scope</a>                                                                               | Unit 23 – Skill Acquisition<br><a href="#">Types of Practice</a><br><br>Unit 22 – Investigating Business in the SAL<br><a href="#">Types of Business Ownership</a><br><a href="#">Customer Needs</a>                                                                                                        | Unit 23 – Skill Acquisition<br><a href="#">Methods of Teaching</a><br><br>Unit 22 – Investigating Business in the SAL<br><a href="#">SWOT v Pestle Analysis</a>                                                                                                                                               | Unit 4 – Sports Leadership<br><a href="#">Leadership Styles</a><br><br>Unit 26 – Technical and Tactical Demands in Sport<br><a href="#">Badminton Techniques</a><br><a href="#">Badminton Tactics</a> |
| Year 13:<br>Extended<br>Certificate | Unit 2 – Fitness Training and Programming<br><a href="#">Government Health Guidance</a><br><a href="#">Balanced Diet</a>                                                                                           | Unit 2 – Fitness Training and Programming<br><a href="#">Principles of Training</a><br><a href="#">Components of fitness</a>                                                                          | Unit 2 – Fitness Training and Programming<br><a href="#">FITT Principles</a><br><a href="#">SMART Target Setting</a>                                                                                                                                                                                      | Unit 7 – Practical Sports Performance<br><a href="#">Badminton Rules and Regulations</a><br><a href="#">Rounders Rules and Regulations</a><br><a href="#">Badminton Scenarios</a><br><a href="#">Rounders Scenarios</a>                                                                                     | Unit 7 – Practical Sports Performance<br><a href="#">Badminton Rules and Regulations</a><br><a href="#">Rounders Rules and Regulations</a><br><a href="#">Badminton Scenarios</a><br><a href="#">Rounders Scenarios</a>                                                                                       |                                                                                                                                                                                                       |
| Year 13:<br>Diploma                 | Unit 4 – Sports Leadership<br><a href="#">Leaders Skills &amp; Qualities</a><br><br>Unit 26 – Technical and Tactical Demands in Sport<br><a href="#">Badminton Techniques</a><br><a href="#">Badminton Tactics</a> | Unit 4 – Sports Leadership<br><a href="#">Leadership Styles</a><br><br>Unit 26 – Technical and Tactical Demands in Sport<br><a href="#">Badminton Techniques</a><br><a href="#">Badminton Tactics</a> | Unit 25 – Rules, Regulations & Officiating<br><a href="#">Badminton Rules and Regulations</a><br><a href="#">Badminton Official A</a><br><a href="#">Badminton Official B</a><br><a href="#">Badminton Official C</a><br><br>Unit 26 – Technical and Tactical Demands<br><a href="#">Training Methods</a> | Unit 25 – Rules, Regulations & Officiating<br><a href="#">Badminton Rules and Regulations</a><br><a href="#">Badminton Official A</a><br><a href="#">Badminton Official B</a><br><a href="#">Badminton Official C</a><br><br>Unit 26 – Technical and Tactical Demands<br><a href="#">Assessment Methods</a> | Unit 25 – Rules, Regulations & Officiating<br><a href="#">Badminton Rules and Regulations</a><br><a href="#">Badminton Official A</a><br><a href="#">Badminton Official B</a><br><a href="#">Badminton Official C</a><br><br>Unit 26 – Technical and Tactical Demands<br><a href="#">SMART Target Setting</a> |                                                                                                                                                                                                       |