



CURIOSITY

COMPASSION

COURAGE



## Academic Outline 2022-23

	Physical Education					
	Term 1 Aug-Oct	Term 2 Nov-Dec	Term 3 Jan-Feb	Term 4 Mar-Apr	Term 5 Apr-May	Term 6 Jun-Jul
Year 12: Extended Certificate	Unit 1 – Anatomy and Physiology <a href="#">Skeletal system</a> <a href="#">Muscular system</a> <a href="#">Respiratory system</a>	Unit 1 – Anatomy and Physiology <a href="#">Cardiovascular System</a> <a href="#">Energy System</a> <a href="#">Self-assessment</a>	Unit 3 – Professional Development in the Industry <a href="#">Job Vacancy site 1</a> <a href="#">Job Vacancy site 2</a> <a href="#">Job Vacancy site 3</a>	Unit 3 – Professional Development in the Industry <a href="#">CV Workshop</a> <a href="#">Careers in Sport</a>	Unit 3 – Professional Development in the Industry <a href="#">Job Vacancy site 1</a> <a href="#">CV Workshop</a> <a href="#">Careers in Sport</a>	Unit 7 – Practical Sports Performance <a href="#">Badminton Rules and Regulations</a> <a href="#">Rounders Rules and Regulations</a>
Year 12: Diploma	Unit 23 – Skill Acquisition <a href="#">Learning Curves</a> <a href="#">Ability v Skill</a> <a href="#">Information Processing</a>	Unit 23 – Skill Acquisition <a href="#">Cognitive Theories</a> <a href="#">Behaviourist Theories</a>	Unit 23 – Skill Acquisition <a href="#">Types of Guidance</a>  Unit 22 – Investigating Business in the SAL <a href="#">7 P's of Business</a> <a href="#">Business Size</a> <a href="#">Business Scope</a>	Unit 23 – Skill Acquisition <a href="#">Types of Practice</a>  Unit 22 – Investigating Business in the SAL <a href="#">Types of Business Ownership</a> <a href="#">Customer Needs</a>	Unit 23 – Skill Acquisition <a href="#">Methods of Teaching</a>  Unit 22 – Investigating Business in the SAL <a href="#">SWOT v Pestle Analysis</a>	Unit 4 – Sports Leadership <a href="#">Leadership Styles</a>  Unit 26 – Technical and Tactical Demands in Sport <a href="#">Badminton Techniques</a> <a href="#">Badminton Tactics</a>
Year 13: Extended Certificate	Unit 2 – Fitness Training and Programming <a href="#">Government Health Guidance</a> <a href="#">Balanced Diet</a>	Unit 2 – Fitness Training and Programming <a href="#">Principles of Training</a> <a href="#">Components of fitness</a>	Unit 2 – Fitness Training and Programming <a href="#">FITT Principles</a> <a href="#">SMART Target Setting</a>	Unit 7 – Practical Sports Performance <a href="#">Badminton Rules and Regulations</a> <a href="#">Rounders Rules and Regulations</a> <a href="#">Badminton Scenarios</a> <a href="#">Rounders Scenarios</a>	Unit 7 – Practical Sports Performance <a href="#">Badminton Rules and Regulations</a> <a href="#">Rounders Rules and Regulations</a> <a href="#">Badminton Scenarios</a> <a href="#">Rounders Scenarios</a>	
Year 13: Diploma	Unit 4 – Sports Leadership <a href="#">Leaders Skills &amp; Qualities</a>  Unit 26 – Technical and Tactical Demands in Sport <a href="#">Badminton Techniques</a> <a href="#">Badminton Tactics</a>	Unit 4 – Sports Leadership <a href="#">Leadership Styles</a>  Unit 26 – Technical and Tactical Demands in Sport <a href="#">Badminton Techniques</a> <a href="#">Badminton Tactics</a>	Unit 25 – Rules, Regulations & Officiating <a href="#">Badminton Rules and Regulations</a> <a href="#">Badminton Official A</a> <a href="#">Badminton Official B</a> <a href="#">Badminton Official C</a>  Unit 26 – Technical and Tactical Demands <a href="#">Training Methods</a>	Unit 25 – Rules, Regulations & Officiating <a href="#">Badminton Rules and Regulations</a> <a href="#">Badminton Official A</a> <a href="#">Badminton Official B</a> <a href="#">Badminton Official C</a>  Unit 26 – Technical and Tactical Demands <a href="#">Assessment Methods</a>	Unit 25 – Rules, Regulations & Officiating <a href="#">Badminton Rules and Regulations</a> <a href="#">Badminton Official A</a> <a href="#">Badminton Official B</a> <a href="#">Badminton Official C</a>  Unit 26 – Technical and Tactical Demands <a href="#">SMART Target Setting</a>	