

Unit 25- Rules, Regulations and Officiating in Sport

Rule: Laws which govern a game and are set and regulated by the NGB of the sport.

Regulation: A set of standards to ensure sport is played fairly and safely

Technology and Officials: Technology which has influenced the role of the official may include timing technology, heat sensors, microphones, video reviews

Media in Sport: Media including TV, radio, internet, newspapers have a huge impact on how sport and sport officials are viewed

Effective communication: This may be verbal to players or fellow officials or non verbal (e.g. hand signals, body language, facial expressions)

Effective decision making: Having the knowledge and understanding to be able to making decisions quickly, accurately and consistently throughout the game

Behaviour management: Being able to apply strategies effectively to manage/diffuse potential conflict.

Game control: To have the skills and qualities in order to gain respect from the players and allow the game to run smoothly and effectively.

SWOT Analysis: Subject

Positive Strengths	Negative Weaknesses
Opportunities	Threats



Quantitative

A formal, objective and systematic process in which numerical data is used to obtain information.

Qualitative

A more subjective form of research that tries to explain differences, relationships or causality using non-numerical data such as words

Wider experiences and opportunities:

All students will be encouraged to view elite footage and analysis looking scenarios which demonstrate officiating excellence.

SWOT: A form of analysis which look at key Strengths, weaknesses, opportunities and threats for development



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Assignment 1-

Learning Aim A

Understand the development of the roles and responsibilities of the officials involved in sport.

A written report outlining:

- Current day rules/laws and regulations from a selected sport any key changes that have occurred
- The role of the technology and the media
- Key points in the history of the sport that have led to future changes to the roles and responsibilities of the officials.
- Conclusions on the different types of influences that have led to changes in rules/laws, regulations and the roles and responsibilities of officials.

Assignment 2-

Learning Aim B

Explore the performance of officials in a selected sport

Assignment 3-

Learning Aim C

Undertake the role of a match official in a competitive sport

Practical officiating performance, written report, video evidence with supporting assessment record of officiating performance.

Written report to include:

- Analysis of performance, using 2 methods outlining your key strengths and weaknesses
- Comparison to benchmarks and professional standards
- SMART Targets

Video analysis and a written report

- Select an elite official and analyse their performance using video analysis.
- Evaluate their key strengths and weaknesses
- Produce a SWOT analysis and observational checklist or rating scale.
- Suggest recommendations for development