

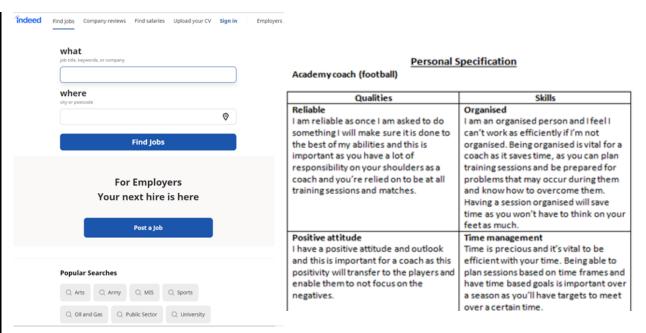
Self-critique

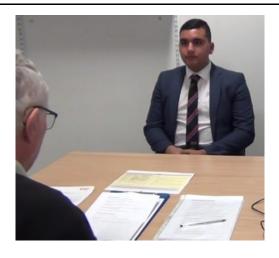
# Unit 3 - Professional Development in the Sports



## 1. Vocabulary Professional A person who performs a specific occupation or activity for pay or recognition. Economic Relating to the economy. Geographical The physical features of an area. Nutritionist The science of nutrition to improve health. Psychology The scientific study of the human mind and its functions, especially those affecting behaviour in a given context. The treatment of physical or mental illnesses. Therapy Audit The official inspection of an organisation's accounts. Application An act of applying. **SWOT** Is an analysis framework used to evaluate. The act of criticizing yourself, especially your

own behaviour, work, or performance...





## Wider experiences and opportunities:

- All students will be encouraged to gain experience in the industry of the career type selected
- Opportunities to have access to outside businesses as interviewers and session observers / participants for the recruitment activities.

Command words	
Define	A statement of the exact meaning of a word
Explain	To describe in more detail or revealing relevant fact
Justify	To show that something is reasonable, right, or true
Compare	To judge, suggest, or consider that something is similar or of equal quality to something else
Contracts	To compare or appraise in respect to differences
Evaluate	To judge or determine the value, quality or significance of something



# How can an individual prepare themselves to apply and interview successfully for a career in the sports industry?



## **Assignment 1**

**Learning Aim A** 

Understand the career and job opportunities in the sports industry

### **Learning Aim B**

Explore own skills using a skills audit to inform a career development action plan

#### Task 1:

- •Job Summary, Career Opportunities (short and long term), Career Prospects (short and long term) and Job Requirements
- Career Development Pathway
- Opportunities for CPD

#### Task 2:

- •Skills Audit (General skills and Specific skills)
- •CDAP 1: Interests, Accomplishments, Qualities, Previous Experience, Qualifications, Employability skills, Technical / Practical skills.

#### Task 3:

- •SWOT Analysis: Strengths, Weaknesses, Opportunities, Threats
- •Report of Justification: Strengths, Weaknesses, Overcoming Weaknesses

#### Task 4:

- •CDAP 2: Training aims, Educational aims, Experiential aims and Professional development aims
- Bibliography
- •Portfolio of Evidence: Educational certificates ,Sport-specific awards, Sporting achievements, Testimonials

## **Assignment 2**

**Learning Aim C** 

Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career

## **Learning Aim D**

Reflect on the recruitment and selection process and your individual performance

## Task 1: Job Application Process Portfolio

- A Job Advertisement
- •Job Advertisement Support (Suitable examples of how to locate job advertisements)
- A Job Description
- •A Person Specification
- A Job Analysis
- •A Letter of Application / Covering Letter.
- An Application Form
- A Personal CV

#### Task 2:

Session Plan and Interview Activity

#### Task 3:

•Interview Questions and Formal Question-Based Interview

#### Task 4:

•SWOT Analysis and Action Plan